Your Guide to

Ophthalmic Plastic (Oculoplastic) Surgery



Surgical correction options:

Blepharoplasty

Blepharoplasty, is a surgical procedure to improve the appearance of the upper eyelids, lower eyelids, or both, restoring firmness to the area surrounding the eyes and making your eyes look younger. Specifically, eyelid surgery can treat:

- Loose or sagging skin that creates folds or hides the natural contour of the upper eyelid
- Surplus skin that hangs down from the upper eyelid, sometimes impairing vision
- Surplus fatty tissue that appear as puffiness in the upper eyelids
- Bags under the eyes
- Droopiness of the lower eyelids, showing white below the iris
- Excess skin and fine wrinkles of the lower eyelid

Eyelid lift correction is an extremely specialised procedure where alterations can be made to the upper or lower lid height to eliminate the tired look that ageing changes produce from a drooping eyelid. This often produces remarkable rejuvenating changes

Forehead Surgery

Typically this involves adjustment to the brow sag. This is a common ageing phenomenon and infact contributes to the eyelid skin overhang as well. It is a very obvious change notices in women who tend to have thinner and higher eyebrows in youth and this surgery can address these changes. Variations in the surgery can also help with forehead wrinkles. Depending on the amount of correction needed the surgery can be done through key hole incision in the scalp keeping the scars hidden and minimal

Cheek Surgery

Commonly known as deflation and descent the loss of a high cheek contour is a very noticeable change in many ladies. This is usually due to loss and descent of the healthy cheek fat. Manipulations in this area help to restore some of the volume in the cheek and address these changes.

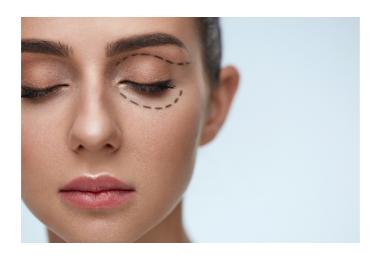
Botox, Fillers and dermabrasion

Commonly called non surgical interventions because they are significantly less involving for the patient these procedures enable your face to be resculpted to reduce/eliminate wrinkles, furrows, scars (e.g. acne) giving a more rejuvenated feel.

They are also reversible and can be altered if the patient's requirements change with time. Treatments can also be used to augment features e.g. lips

The process if you come to see us:

Initial assessment



- 1. An introduction by our surgeon and a chat about your needs and expectations.
- 2. Examination Our surgeon will examine your face and eyes in detail.
- 3. Discussion It is only after all these tests have been completed that our surgeon will be able to discuss accurately the treatment options that are available to you. The assessment is informal and relaxed; there is no pressure to proceed with any form of surgery. It is simply your opportunity to find out if you are suitable, to discuss the options that are available, and to ask any questions you may have.

The surgery

Should you decide to proceed with laser surgery the process is a follows:

- 1. Anaesthesia
 - a. Local:
 - Anaesthetic eye drops are used to numb the surface of your eye. This is followed by the local anaesthetic injection to freeze the area to be treated. A small pinch is felt at this stage.
 - b. General: A qualified anaesthetist will take you through all the relevant processes.
- 2. The surgery will be undertaken and dressings applied.

- A post op check will be undertaken on the ward. Instruction about postoperative care and follow-up will be provided and then you will be free to go home.
- Because initially the vision is unsettled we recommend that you have someone with you to ensure that you can get home safely after your surgery.



Recovery and follow up

During recovery the patient can expect some tolerable discomfort, watering and sensitivity to light. The speed of visual recovery does vary depending on the technique applied. Patients get improvements over the next several weeks as the swelling and bruising subsides

You should plan for a relaxed day following treatment: lots of people try and get plenty of sleep.

Review appointments are arranged over the next few weeks to monitor for a good healing response and to remove stitches as needed.





The Team



The team has grown over the years to a large number of dedicated subspecialists who will work closely together to meet your needs. The members of the team who will be working for you are:

Administration:

- Lead clinician: Mr. Sid Goel (<u>www.mrsidgoel.co.uk</u>)
- Practice manager & principal secretary: Ms Sue Collins
- Assistant secretary: Mrs. Helen Rendall
- Medical record assistant
- Site specific patient liaison staff

Clinical team:

- Ophthalmology specialist doctors
- Nurse specialists
- Orthoptist specialists
- Medical photographer
- Out-patient nurses
- Ward nurses
- Theatre nurses
- Optician partners

Risks of Surgery

No operative procedure can ever be 100% predictable.

As a general rule of thumb patients can expect over a 90% chance of achieving result to expectations.

As with all forms of surgical treatments there are risks of unpredictable outcomes and complications. Up to 10% of patients may have some difficulties, but in the majority of cases these can be managed sometimes with additional surgeries. The risk of severe and lasting problems is very low.

You will of course be given a full explanation of the specific risks and benefits of the individual procedure applicable to you at the time of the consultation.

The response of natural tissue will always vary between individuals. It is well accepted that enhancements are necessary in a small proportion of patients to fine tune the results.

Infrequent but potential complications in oculoplastic surgery:

- More than expected bleeding which can alter the results
- Infection which can alter the results
- Scarring which may be more than expected
- Pigmentation (over or under)
- Under correction requiring further surgery
- Over correction including retraction of the lids.
- Asymmetry
- Red eye, sore eye, dry eye, watery eye, foreign body sensation
- Intolerance to contact lens wear
- Persistent swelling
- Sight damage, double vision
- Prolonged and compromised recovery
- Skin necrosis (especially in smokers)
- Nerve damage Altered or lost sensation or loss of muscle function

Why choose the Eye Correction Centre

We invite you to choose us to help with your eye care needs because:

- 1. We put safety very high on our priorities
- 2. We treat each patient as an individual and seek to establish and service your specific requirements rather than following a production line system

- 3. We are very competitive in our pricing structure but at the same time we are transparent
- 4. We apply the best treatment options to obtain the best possible results based on the individual patient requirements
- 5. The clinicians have a good reputation and are respected locally, regionally and nationally amongst patients and also medical peers
- 6. Eye care professionals themselves often choose our services to avail second opinions to help with complex patients and also to obtain care for themselves and their family members
- 7. We operate on a no pressure system and after your initial consultation we encourage you to take your time to make your own mind up on if and how you would like to proceed
- 8. We deliver our services with state of the art facilities
- 9. We have 13000+ patient contacts to demonstrate the vast experience and trust we have acquired over the years
- 10. We have a team of professionals working together to give you a comprehensive service



To arrange a consultation

Telephone 0330 8083252 (standard national calling rates) email: secretary@eyecorrectioncentre.co.uk

www.eyecorrectioncentre.co.uk